## 1 RESOLUTION NO. 2 A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF HUNTINGTON PARK, CALIFORNIA. ADOPTING A HEALTHY FOOD AND BEVERAGE POLICY FOR 3 VENDING MACHINES LOCATED ON CITY PROPERTY 4 5 WHEREAS, the League of California Cities at its recent annual conference unanimously 6 adopted a resolution reaffirming its recognition of the important role cities play in combating the 7 obesity epidemic and called upon cities in California to join the "Let's Move Cities and Towns 8 Campaign"; and 9 WHEREAS, a goal of the "Let's Move Cities and Towns Campaign" is to make healthy food 10 available to children and families in municipal facilities; and 11 WHEREAS, the League initiated the Healthy Eating Active Living (HEAL) Cities Campaign 12 to support cities to adopt policies to increase access to healthy food; and 13 WHEREAS, on June 21, 2010, the City Council adopted a resolution declaring the City of 14 Huntington Park a HEAL City; and 15 WHEREAS, more than half of California's adults are overweight or obese and therefore at 16 risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, and, 17 hypertension; and 18 WHEREAS, one in four youth between the ages of 9 and 16 in California is overweight; and 19 WHEREAS, according to the California Center for Public Health Advocacy, approximately 20 39% of children in Huntington Park are overweight; and 21 WHEREAS, more children are being diagnosed with diseases linked to overweight and 22 obesity previously seen only in adults, such as Type 2 diabetes and heart disease; and 23 WHEREAS, the current generation of children are expected to have shorter lives than their 24 parents due to the consequences of obesity; and 25 WHEREAS, obesity and overweight takes a tremendous toll on the health and productivity of 26 all Californians, annually costing the state \$21 billion; and 27 WHEREAS, the City of Huntington Park bears a portion of these costs in health care 28 premiums, sick days and lost productivity; and

WHEREAS, teens and adults who consume one or more sodas or sugar sweetened beverages per day are more likely to be overweight or obese; and

WHEREAS, foods and beverages of minimal nutritional value are marketed extensively; and WHEREAS, the City of Huntington Park is committed to spending public funds to promote the public's health and welfare, including the health and welfare of children and families; and

**WHEREAS,** the City Council has jurisdiction over municipal facilities and programs serving employees and residents where they consume food and beverages; and

**WHEREAS** it is in the City's interest to use its facilities and programs to promote and support health.

## NOW, THEREFORE, THE CITY COUNCIL OF THE CITY OF HUNTINGTON PARK DOES HEREBY RESOLVE AS FOLLOWS:

**SECTION 1:** That all food and beverages funded by the City and provided or sold in City facilities, including, but not limited to, youth-oriented programs, recreation centers, pools, libraries, parks, and community centers shall meet the following guidelines:

- a) <u>Food Snacks:</u> 100% of snack foods provided or sold through vending machines or any other means shall meet the following criteria:
  - 1) Snack food items shall have no more than:
    - i. 35% of its calories from total fat
    - ii. 10% of its calories from saturated fat
    - iii. 35% sugar by weight
    - iv. 250 calories per individual food item
    - v. The following snack foods shall be exempt from meeting the above nutrition standards, except for the limit of 250 calories or less: Nuts, nut butters (such as peanut butter), seeds (such as sunflower seeds), legumes (beans), eggs, cheese, and fruits/vegetables that have not been deep fried and do not contain added sugars or fat
  - 2) Snack food items shall not contain any trans fat.
  - 3) Snack food items shall emphasize fruit, vegetables, whole grains, and nonfat or

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1	PASSED, APPROVED, AND ADOPTED this 6 <sup>th</sup> day of June, 2011.
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5	Ofelia Hernandez, Mayor
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7	ATTEST:
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10	Rosanna Ramirez, City Clerk
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